



Orthopedic Rehabilitation

Premium results for achieving a safe & rapid recovery from home!

Universal Home Care (UHC) is pleased to provide our uniquely designed Orthopedic Care: Rehabilitation Program which utilizes a full range of clinical services for obtaining results-oriented home rehabilitation for total hip and total knee replacements.

As one of the most preferred home health agencies in Los Angeles for orthopedic surgeons, our Rehabilitation Program offers sensitive care and follows the patient throughout their complete surgical and rehabilitation process by facilitating post-operative hospital and home care treatment. **UHC's** highly skilled healthcare professionals perform rehabilitation, explain activity restrictions, and teach progressive exercise routines to return patients to normal function. Our Physical Therapists and Registered Nurses manage our results-driven Program, with state-of-the-art bedside testing, tracking and remote reporting of precise anticoagulation flow records within minutes of testing/titration.

Our team is trained to expedite and achieve smooth, safe and rapid recovery results. In fact, our PTs plan the first home visit for the day of discharge. In this first important visit, your patient's therapist will . . .

- Conduct a thorough home safety assessment
- Provide family/caregiver teaching
- Provide patient education for recovery, including safety, mobility, pain management & home rehab.
- Customize a treatment plan as stipulated by physician

To learn more about our Orthopedic Care: Rehabilitation Program, please contact us at: **800-200-1020**.

Summary of Services

- ❖ *Incision care, dressing changes, staple/suture removal and S/S infection*
- ❖ *Side effect risks/Medication Ed*
- ❖ *Drain maintenance and removal*
- ❖ *Venipuncture and fingerstick PT/INR*
- ❖ *Assess weight bearing status & safe use of assistive devices*
- ❖ *Establish home exercise program*
- ❖ *Evaluate home safety*
- ❖ *Assess ROM and strength and develop therapeutic exercise plan*
- ❖ *Determine safe use of CPM*
- ❖ *Follow-up incision assessment/care and nursing instruction*
- ❖ *Assess nutrition, pain, bowel/bladder function and teach S/S thrombosis*
- ❖ *Educate on personal care*
- ❖ *Recommend equipment for home safety*

