



## Pain Management

Universal Home Care (UHC) has developed a unique/multidisciplinary approach in managing and treating patients with acute or chronic levels of pain as a supplemental resource for maintaining ones maximum level of well-being. Our collaborative [Pain Management Program](#) provides education, skilled services and focuses on sustained improvement in quality of life.

Furthermore, the goals of treatment provided via our [Program](#) are an emphasis on improving function limited by pain through the development of long-term, self-management skills - including fitness and a healthy lifestyle. Through assessments/reassessments, the patient directs the focus of the plan and our certified Pain Management Specialists guide our patients by providing them a hands-on approach to improve mobility as well as, pain interference techniques during daily activities as a means to prevent hospital readmissions from intractable pain.

In addition, the [Program](#) is intended and appropriate for:

- Diagnosis or recent onset of disease
- Recent hospitalization
- Acute or chronic pain management
- Arthritis care
- Post joint replacement and postoperative pain
- Cancer care
- Wound pain
- Gastric Bypass complications

To learn more about our [Pain Management Program](#), please contact us at: **800-200-1020**.

### *Summary of Services*

- ❖ *Physical therapy*
- ❖ *Safety evaluation/education*
- ❖ *Ambulation & transfer techniques*
- ❖ *Evaluation & management of medication*
- ❖ *Symptom control measures*
- ❖ *Reduction pain methods/techniques*
- ❖ *Pain medication instruction/monitoring*
- ❖ *Disease process education*
- ❖ *Post-Op teaching*
- ❖ *Adhesion wound prep & care*
- ❖ *Lab work evaluation/monitoring blood*